



Pantry Needs

HopeWorks maintains a pantry that is available to our clients who need assistance in acquiring essential food, personal and household items. We appreciate your effort in helping us to restock our shelves so we may continue providing this service to the women, children and men of our community who need it.

NOVEMBER URGENT NEEDS LIST!

- sweatpants (new: all sizes for adult male/female and children)
- underwear (new: all sizes for adult male/female and children)
- gift cards (grocery, department store, gas)
- Individually wrapped snack items
- Diapers- size 3 or greater
- Gatorade
- Shampoo
- Conditioner
- Body wash
- Ethnic hair-care products
- Baby wipes
- Rice
- Cereal
- Cereal bars
- Canned pop-top Soups
- Spaghetti sauce and noodles
- Toilet paper
- Paper towels
- Crackers
- Granola bars
- Juice boxes

WE ARE CURRENTLY NOT ACCEPTING

- Canned vegetables
- Clothing
- Shoes
- Infant formula
- Baby food
- Items for premature infants
- Travel-sized toiletries

REGULAR PANTRY NEEDS LIST

(Note: items in bold are always a high-need item)

EMERGENCY EASY-TO-EAT FOOD ITEMS

- **Pop-top canned goods** (e.g., ravioli)
- Boxed microwave meals
- **Juice boxes**
- Peanut butter crackers
- **Granola bars**
- School lunch type items
- Instant cup of noodles

SAFE HOUSE PANTRY ITEMS

- **Soup**
- Pasta
- Tomato sauce
- Canned fruit
- **Cereal** (instant hot & cold)
- Women's personal care products
- Toilet paper, paper towels, napkins, tissues
- Advil and Tylenol
- Cleaning supplies (all kinds, especially Clorox wipes)
- Laundry Detergent (High Efficiency)

ITEMS FOR CHILDREN

- **Diapers** (Size 3 and up)
- Baby wipes
- Baby shampoo, wash & lotion
- **Juice boxes**

If you or your organization would like to donate items from our Urgent Needs List or Regular Pantry Needs List, please call (410) 997 – 0304 or email volunteer@wearehopeworks.org

HopeWorks' mission is to support and advocate for people in Howard County affected by sexual and intimate partner violence and to engage the community in creating the change required for violence prevention.